



**DIRECTIONS TO DR. REDMAN'S WEST END OFFICE**

**Forest Financial Building**

**7110 Forest Ave. Ste. 101**

**Richmond, VA 23226**

**804-288-2444**

**USE CAUTION WHEN USING A GPS. The buildings on this street are NOT  
Numbered Sequentially.**

**From West of Richmond:**

- Take interstate 64 East to exit 183
- At the base of the exit, take a right at the light onto Glenside Drive
- Take a right at the light onto Forest Avenue
- We are in the first building on the left, the Forest Financial Building, suite 101

**From East of Richmond:**

- Take interstate 64 West to exit 183A (the Glenside South exit)
- At the second stoplight take a right onto Forest Avenue
- We are in the first building on the left, the Forest Financial Building, suite 101

**From North of Richmond:**

- Take 95 South to 64 West
- Take interstate 64 West to exit 183A (the Glenside South exit)
- At the second stoplight take a right onto Forest Avenue
- We are in the first building on the left, the Forest Financial Building, suite 101

**From South of Richmond (via interstate)**

- Take the Powhite Parkway (or 95 North) to 64 West
- Take exit 183A (the Glenside South exit)
- At the second stoplight take a right onto Forest Avenue
- We are in the first building on the left, the Forest Financial Building, suite 101

**From South of Richmond (via Wiley Bridge)**

- Take Chippenham Parkway (route 150 North) across the James River
- Chippenham will change names to become Parham Road
- Follow Parham to Patterson Avenue; there will be a Burger King on your right and there is a stoplight at the intersection
- Turn right onto Patterson
- At the first stoplight, take a left onto Forest Avenue
- Proceed along Forest; you will pass Henrico Doctors Hospital on your right; you will pass three very large office buildings on the right
- We are in the fourth large building on the right-the Forest Financial Building, suite 101
- We are the last building before you get to Glenside Drive (i.e. If you come to Glenside you've gone too far)